

## **Report on Awareness Programme**

1. A Self-defence training programme was conducted by Sri Biju B., Yoga and Kalaripayattu Instructor. Sir led a Workshop on Yoga as a part of the community living camp related activities on 9<sup>th</sup> June 2022.
2. An awareness programme was handled by Ms. Agatha Kurian (B.Ed. Student) on the topic 'Gender and Sexuality: An Analysis of LGBTIQ+ Spectrum' on 30<sup>th</sup> June 2022. The resource person highlighted the different spectrum and the need to respect individuality.
3. A virtual Inspirational Talk by Professor Sandeep Shastri, Vice Chancellor of Jagran, Lake City University, on the topic 'Anxieties and Aspirations of an Emerging Young India', organized by Loreto College, Kolkata on 13<sup>th</sup> August 2022 was attended by bot B.Ed. and M.Ed. Students.
4. 'Life Defining Secrets of Inclusion' was led by the Resource Person Shri. Jiny Dan T, Lecturer of Composite Regional Center, Calicut was held on 28<sup>th</sup> August 2022.
5. One-month Anti-ragging and Anti-Narcotic Observation was done at our college in association with Higher Education Department, Government of Kerala from 2nd October 2022 to 1st November 2022. An awareness programme on Anti-Drug and Anti-Ragging was organized for the students of the Institution on 11<sup>th</sup> October 2022 on the topics 'Addressing Drug Challenges in Health and Humanitarian Crisis' and 'Ragging: A Social Crime'. Ms. Bency Benedict of 1st Year B.Ed. and Ms. Rosy Dennis of 1st Year M.Ed. were the Resource Persons. The programme put forth the importance of curbing the menace of Ragging and the effects and impacts of drugs in one's health. The speakers were able to create awareness on Anti-drug and anti-ragging.
6. On 27<sup>th</sup> October 2022, Dr. Laya A. B., Assistant Professor, SNM Training College, Moothakunnam led the session on the topic 'Soft Skills for Smart Life' for both B.Ed. and M.Ed. Students.
7. One day workshop on 'Njan Marunnu, Enniloode e Samoohavum' was conducted at the college auditorium in collaboration with the Department of Student Services (DSS), Mahatma Gandhi University, Kottayam. Prof. Mathew Thomas Zacharias,

Faculty, Institute of Humanistic Psychology, Germany was the Resource Person of the day.

8. An awareness class on 'Sexual Harassment against Women' was conducted on 25th November 2022 under the auspices of IQAC by Ms. Aiswariya Jospeh of 1st year B.Ed.

9. Webinar was conducted on 20<sup>th</sup> January 2023. 'Mentoring: A Constructive Partnership' was led by Dr. Sam Thomas Joy, Assistant Professor, Titus II Teacher Training College, Thiruvalla, Kottayam for the B.Ed. and M.Ed. Students.

10. The 'Three-Day Pathway Social Life Wellness Program' 2022-2023 was organized for the B.Ed. and M.Ed. students from 7<sup>th</sup> to 9<sup>th</sup> February 2023. The sessions were arranged by the Minority Youth Training Centre, Kanjirapally.

11. Webinar was conducted on 10<sup>th</sup> February 2023 on 'Gender Sensitization for Futuristic Society'. The Resource Person for the session was Dr. Marin Jose, Assistant Professor, St. Joseph's College of Teacher Education for Women, Ernakulam.

12. 'World Aids Day' was observed on 1<sup>st</sup> December 2022 by BIOS and Health Club. The resource person was Ms. Amala Jayan, Assistant Professor, M.Ed. Department. The club also conducted an E-Slogan competition and arranged a street play.

13. A session by Dr. Alex George on 'Career guidance and counseling for the digital era – smart teachers for smart children' was conducted as part of camp on 15<sup>th</sup> March 2023.

### **WOMEN'S CELL**

- The Webinar Series - Carmel Forum conducted a session on 'A Teacher's Role for India @75 on 16<sup>th</sup> March 2023 by Dr. Celin Philip, Associate Professor (Rtd.), BCM College, Kottayam in Collaboration with Women's Cell of the Institution.
- An intercollegiate Photography, Malayalam Poem Recitation competition and an Intra optional Manuscript Magazine Competition on the topic: "Women in Action" was held on 8<sup>th</sup> March 2023 in relation to International Women's Day Celebration– XYPNIO 2023 by the Women's Cell.



**Principal**

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